



Company name \_\_\_\_\_ Division level \_\_\_\_\_ Account number/unit number \_\_\_\_\_

**Employee Information**

Your name (last, first, middle initial) \_\_\_\_\_ Social security number \_\_\_\_\_

Mailing address (street) \_\_\_\_\_ Birth date (month/day/year) \_\_\_\_\_ male  
female

(city) \_\_\_\_\_ (state) \_\_\_\_\_ (ZIP code) \_\_\_\_\_ Do you have an eligible spouse or child?  
yes no

Date employed full-time (month/day/year) \_\_\_\_\_ Hrs worked per week \_\_\_\_\_ Job occupation/class \_\_\_\_\_ Location \_\_\_\_\_

Salary amount \_\_\_\_\_ Salary mode \_\_\_\_\_ What is your payroll mode?  
yr wk hr mo bi-wkly mthly bi-mnthly wkly bi-wkly

Employer ZIP \_\_\_\_\_ Employer county \_\_\_\_\_

**Benefit Options** (You can only elect those coverages offered by your employer.)

Coverage	Employee		Spouse/Domestic Partner		Children	
Medical	elect	decline	elect	decline	elect	decline
	Medical options: _____ (e.g., deductibles, PPO, etc.)					
Dental	elect	decline	elect	decline	elect	decline
	In the past twelve months, have you, the applicant, had continuous group orthodontia coverage (for yourself and/or your dependents) with a prior carrier? yes no					
Vision	elect	decline	elect	decline	elect	decline
Short Term Disability (STD)	elect	decline				
	If STD Buy-up option is available, check one: elect decline					
Long Term Disability (LTD)	elect	decline				
	If LTD Buy-up option is available, check one: elect decline					
Group Term Life	elect	decline	elect	decline	elect	decline
Supplemental Term Life	elect	decline				
	\$ _____ or _____ X annual salary					
Voluntary Term Life (VTL)	elect	decline	elect	decline	elect	decline
	\$ _____ or _____ X annual salary		\$ _____	\$ _____		
	VTL only	VTL with AD&D	VTL only	VTL with AD&D		
Have you used nicotine products in the past 12 months?			yes	no		
Has your spouse or domestic partner used nicotine products in the past 12 months?			yes	no		

**Important!** If declining any coverage for yourself or any dependent, give reason. Covered under:  
 spouse's or domestic partner's group coverage    individual insurance    other coverage offered by my employer  
 other \_\_\_\_\_

**Beneficiary Designation** (Complete if life coverages are elected.)

Full name \_\_\_\_\_ Relationship \_\_\_\_\_

If two or more beneficiaries are named, proceeds shall be paid in equal shares to the surviving beneficiaries, unless specified otherwise. If no beneficiary has been named, any proceeds will be payable as provided by the group policy.

**Important – Complete Page 1 and Page 2.**



Federal Regulations require an employee to receive the following notices for medical coverage offered in the state of California.

### **Preexisting Condition Exclusion**

Preexisting Conditions Exclusions apply to individuals covered on the policy issue date of a new group whose prior coverage was 12 months or less; and late enrollees.

A preexisting condition is a condition present before your enrollment date in any new health plan. If you or your dependents received, or were recommended to receive medical advice, diagnosis, care, or treatment for a condition (physical or mental), in the last six months, the preexisting exclusion will apply. This preexisting period is: 12 months for individuals covered on the policy issue date of a new group whose prior coverage is 12 months or less; or 6 months for late enrollees. This preexisting period will exclude benefits for any treatment or service received during the preexisting exclusion period.

Late enrollees may not enroll until the next annual open enrollment period at which time the preexisting condition exclusion period will apply. The preexisting exclusion will not apply to newborns or children under the age of 18 whom are adopted or placed for adoption if coverage is requested within 31 days of birth, adoption or placement for adoption; or pregnancy.

The preexisting exclusion period may be reduced by the number of days you and/or your dependents were covered under a prior health plan. You and/or your dependents have the right to demonstrate previous coverage by requesting a certificate of coverage from your prior health plan. If necessary, Principal Life Insurance Company will assist in obtaining a certificate. Once the amount of prior creditable coverage has been determined, you will receive a notice stating the length of any preexisting condition exclusion period that applies to you and/or your dependents.

### **Special Enrollment Rights**

If you and/or your dependents decline coverage because you have other health coverage, you may enroll within 31 days following:

- **Loss of eligibility**

Loss of eligibility includes:

- death, divorce, legal separation, or cessation of dependent status
- reduction in work hours or termination of employment
- if the other health coverage is offered through an HMO, or other similar arrangement, and does not provide benefits to individuals who no longer reside, live, or work in the service area (and if the other health coverage is provided in the group market, no other benefit package is available to the individual)
- an incurred claim that would meet or exceed a lifetime limit on all benefits
- if the other health coverage no longer offers any benefits to a class of similarly situated individuals

- **Employer contributions have terminated**

- **COBRA or state continuation has exhausted**

Exhaustion of COBRA or state continuation includes:

- failure of the employer or other responsible entity to remit premiums timely
- if continued coverage is offered through an HMO, or other similar arrangement, and does not provide benefits to individuals who no longer reside, live, or work in the service area and no other benefit package is available to the individual
- an incurred claim that would meet or exceed a lifetime limit on all benefits
- completion of the maximum continuation period

## **Special Enrollment Rights (continued)**

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If you and/or your dependents have declined coverage, you may enroll within 31 days if there is a change in your family status. This includes:

- marriage
- birth of child
- adoption or placement for adoption

If you and/or your dependents do not enroll within 31 days, you will be considered a late enrollee and are subject to the Preexisting Condition Exclusion rules.

If you or your dependent child have declined coverage, you and your dependent child may enroll if coverage is requested after the date of a Qualified Medical Child Support Order (QMCSO), National Medical Support Notice (NMSN), or a court or administrative order to provide health coverage.

If you or your dependent spouse or domestic partner have declined coverage, you and your spouse or domestic partner may enroll if coverage is requested within 31 days of a court or administrative order to provide health coverage.

## **Additional Information**

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To obtain additional information or assistance, contact:

Principal Life Insurance Company  
Des Moines, IA 50392-0002

Attn: Group Call Center  
Telephone: 1-800-843-1371

Please keep this notice for your records.